

## CT Pharm

### TOOLKITS

Each of these tools/resources could be adopted in whole or in part depending on program focus. Toolkit contributions for future program development and sustainability would include items such as:

#### Modified Morisky Survey Tool (MMS-8)

The effectiveness of medications depends not only on the efficacy and appropriateness of the drugs used but also on patient adherence to the intended regimen. Adherence with medication regimens is essential for attaining maximal therapeutic benefits. Although adherence is an important concern for all patients, it is particularly relevant for older people on multiple medications and in those with chronic diseases. Adherence to any regimen reflects the patient's behavior and health beliefs. The Morisky Survey Tool, originally developed by Morisky, et al in 1986 as a four question assessment, has been modified through the years to an eight question tool designed to predict patient behavior correlating with medication adherence.

#### Beliefs about Medicine Questionnaire (BMQ)

The BMQ is a validated 18-item instrument that uses a 5-point Likert scale. Thirteen items address patient concerns about medication, while 5 items address perceived necessity of medications. Our project modified the tool by adding three questions to incorporate Cambodian cultural attitudes that may affect their belief about medications.

MMS-8, BMQ, interpretation key for both tools, and AJHP article demonstrating the use of coordinating these two assessments are attached.

#### Appointment Scheduling Tool recommendations

Web based appointment tools, Grace Appointment Scheduling and Google Docs, are simple tools that accommodate multiple users and Excel download capabilities.