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Transforming the Aging Experience

Lighthouse Project Overview

Presented by:

What is the Lighthouse Project?

- Grant provided to Eskaton to enhance digital literacy
- Provides funding for the following services: enhanced WiFi, a new technology solution and peer-to-peer training and support

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Lighthouse Mission

Help older adults to live safe, happy, healthy lives during COVID-19 pandemic using an innovative, technology-driven approach!

What are the Project Requirements?

- Work with an evaluation team to measure the following using surveys:
  - Adoption of device
  - Physical and mental health outcomes

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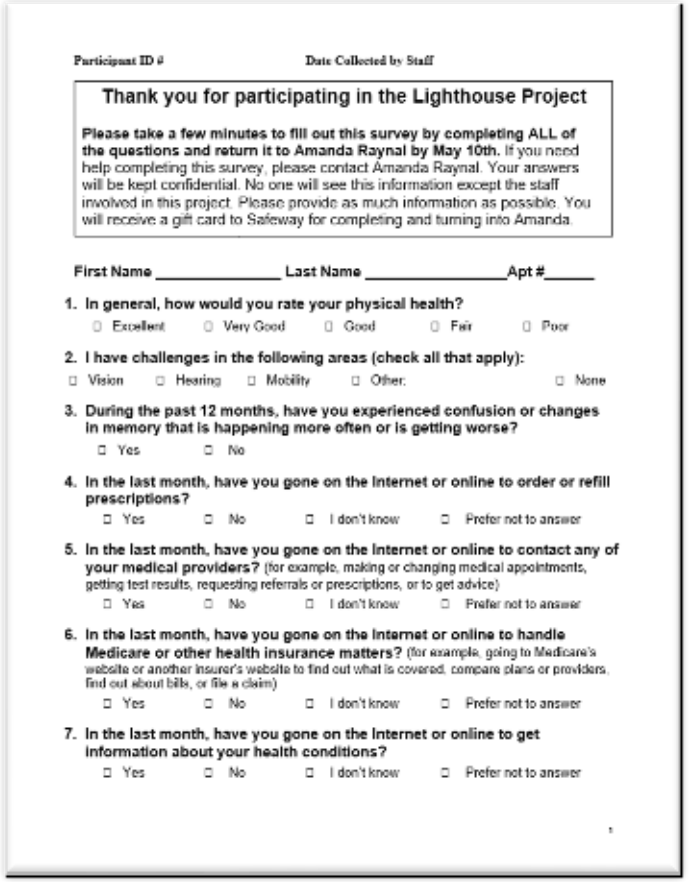
What are the Project Requirements?

- Complete the following:
  - Baseline survey (Currently being collected)
  - Entry survey
  - 30-day and 90-day survey



Participant ID # Date Collected by Staff

Thank you for participating in the Lighthouse Project

Please take a few minutes to fill out this survey by completing ALL of the questions and return it to Amanda Raynal by May 10th. If you need help completing this survey, please contact Amanda Raynal. Your answers will be kept confidential. No one will see this information except the staff involved in this project. Please provide as much information as possible. You will receive a gift card to Safeway for completing and turning into Amanda.

First Name _____ Last Name _____Apt #_____

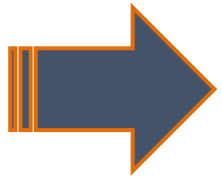
1. **In general, how would you rate your physical health?**
   ☐ Excellent ☐ Very Good ☐ Good ☐ Fair ☐ Poor
2. **I have challenges in the following areas (check all that apply):**
   ☐ Vision ☐ Hearing ☐ Mobility ☐ Other: ☐ None
3. **During the past 12 months, have you experienced confusion or changes in memory that is happening more often or is getting worse?**
   ☐ Yes ☐ No
4. **In the last month, have you gone on the Internet or online to order or refill prescriptions?**
   ☐ Yes ☐ No ☐ I don't know ☐ Prefer not to answer
5. **In the last month, have you gone on the Internet or online to contact any of your medical providers?** (for example, making or changing medical appointments, getting test results, requesting referrals or prescriptions, or to get advice)
   ☐ Yes ☐ No ☐ I don't know ☐ Prefer not to answer
6. **In the last month, have you gone on the Internet or online to handle Medicare or other health insurance matters?** (for example, going to Medicare's website or another insurer's website to find out what is covered, compare plans or providers, find out about bills, or file a claim)
   ☐ Yes ☐ No ☐ I don't know ☐ Prefer not to answer
7. **In the last month, have you gone on the Internet or online to get information about your health conditions?**
   ☐ Yes ☐ No ☐ I don't know ☐ Prefer not to answer

What to Expect:

Internet

Devices

Training



Health & Wellness

Communication

Security

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Coming Soon—Amazon Alexa Show!

- Voice and touch enabled
- Easy to use and learn
- Easy to navigate & enabled accessibility features (i.e. large screen & volume control)
- Technology partner, Speak2, available for support/questions

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Meet Alexa:

- Wake word: “Alexa”
- Privacy protection + extra layer of protection with Speak2
- Use it to access community information, talk with family/friends, set reminders, play games, watch the news and more

Amazon Alexa Show Demo

- Asking Alexa questions
- Making calls
- Playing daily affirmations
- Accessing community announcements

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Next Steps:

- Complete project surveys
- Provide contacts to ELM team
- Speak2 team will come onsite to distribute devices & provide initial workshops (both in-person and virtually)
- Four educational sessions & office hours held by resident ambassadors

Recruiting Lighthouse Ambassadors Today!

Perks of Being a Community Ambassador:

1. Receive your device early in order to become a super user
2. Provide **social & tech support** to neighbors through office hours (either virtually or in-person)
3. Share feedback from residents about experience with Eskaton Project team

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Questions?